



SPORTS RESEARCH INSTITUTE

DEPARTMENT OF SPORTS PERFORMANCE

SCIENTIFIC SESSION 2021

“PHYSICAL CONDITION IN DIFFERENT GROUPS”

DT. 07.07.2021

UST



SCIENTIFIC SESSION 2021**“PHYSICAL CONDITION IN DIFFERENT GROUPS”**

- *“Measurement and study of the quality of speed and coordination of movement in the lower and upper extremities with children aged 7-9 years.”*

Msc.M.BUSHATI, Prof.Dr.A. KARRIQL.

- *“The effect horizontal plyometric on the VO₂max and anaerobic capacity soccer players age of 16-18 old “*

Msc.A.BICI, Prof.Dr.Agron KASA, Dr.F.MEMA.

- *“Anaerobic performance of the women’s Basketball team”Partizani”*

Msc.M.PLASA, Msc.L.KOÇI.

- *“Physical activity as a therapeutic instrument against depression”*

Msc.A. BAJAZITI.

- *“The development and comparison of agility in three sports disciplines”*

Msc.A.NURJA, Msc. E.MUKA.

- *“The use and incidence of tobacco at students of University of Sport”*

Msc.S.XHUFU, Prof.Dr.DH.BOZO.

SCIENTIFIC SESSION**DT. 07.07.2021****UST**