

Differences among girls' volleyball players for body weight and weight

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Abstract

Volleyball is a group sport and requires a number of physical parameters to be high. Anthropometric qualities also play an important role in sports volleyball scores. The purpose of this study is to compare the anthropometric parameters of female volleyball players. More specifically, a comparison was made of anthropometric parameters such as body weight and height between young teams (N = 33) versus young national teams (N = 39) as well as against adult female national teams (N = 24). The results show that young women are on average (165.5 cm SD 6.24) while body weight (62.6 kg SD 10.3) while the new national team is on average (172.1 cm SD 6.12) and body weight (66.1 kg SD 10.4) as and the national team averaged body height (174.7 cm SD 8.89) while body weight (65.1 kg SD 10.5). The results show that height and body weight are higher in the national team than in the young and national team youth.

Keywords: *team, volleyball, body weight and height*